11 percent of Americans over age 12 take antidepressant medication.

Less than a third of Americans who take a single antidepressant (as opposed to two or more) have seen a mental-health professional in the past year.

Antidepressants are the most prescribed drug among U.S. adults up to age 44, and the third most common drug across all ages.

60 percent of U.S. adults taking antidepressant medication have used it for two years or longer. Fourteen percent have taken it for 10 years or more.

23 percent of U.S. women in their 40s and 50s have been prescribed antidepressants — the highest percentage of any demographic group.